



GENERAL INFORMATION

Name: _____ Gender: Female Male Other

Address: _____

City/Province: _____ Province: _____ Postal Code: _____

Home Phone: _____ Cell Phone: _____

Occupation: _____ Email: _____

Would you like to receive our newsletter? If yes, by email or mail

Church: _____

PERSONAL INFORMATION

Share About Yourself (family, interests, hobbies, personal relationship with God, life story, etc)

SKILLS

Level of Experience	(1 - none	2 - limited	3 - capable	4 - experienced/trained)
Adaptability	1 2 3 4		Initiating conversations	1 2 3 4
Outdoor experience	1 2 3 4		Work with at-risk demographic	1 2 3 4
Mentorship experience	1 2 3 4		Work with young adults	1 2 3 4

CERTIFICATIONS

Medical or First Aid (provide level): _____

Other (Outdoor certification, Class 5 license, etc): _____

Three Peaks Recreational Outreach

Volunteer Form



EMERGENCY INFORMATION

Physical injuries or disabilities that could impact your service: _____

List any food allergies or dietary needs: _____

Name of Emergency Contact: _____ Relationship: _____

Best Phone: _____ Second Best Phone: _____

VOLUNTEER RELEASE

Medical Release: I understand that Three Peaks Recreational Outreach does not assume any responsibility or obligation to provide financial assistance for medical or liability from any injury that may arise out of my activities with Three Peaks Recreational Outreach. I acknowledge that some activities may be hazardous and have risk of injury. I agree to release and hold Three Peaks Recreational Outreach, together with its employees, volunteers, and board members harmless from any claims which may arise out of any activities.

Media Awareness Statement: Many volunteers like to take photos during events and activities to share on social media. While Three Peaks supports and encourages sharing positive pictures of your volunteer experience, it is important for volunteers to respect the wishes and preferences of volunteers and participants. Please ask for permission of others in the photos before you take or share the picture. Please inform a Three Peaks staff member if you would prefer to be excluded from any photos or social media posts. If you choose to post, please include our hashtags **#threepeaksrec #3PRO**

EXPECTATIONS

COVID-19 Expectations: COVID-19 has changed the way volunteering looks. At Three Peaks, we have implemented strategies to reduce the risk of transmission to volunteers and participants. As a volunteer, you will be expected to follow all COVID-19 prevention strategies by sanitizing or hand washing frequently, wearing a non-medical mask **at all times**, and maintaining social distancing protocols.

Completed Criminal Record Check: As a volunteer, you are required to have an up-to-date Criminal Record Check. Please complete one as soon as possible. This form will not be reviewed until a valid Criminal Record Check is received by Three Peaks Recreational Outreach.

Contact and Communication Expectations: We desire for volunteers to grow and maintain relationships with participants. As a volunteer, we ask that you keep your personal information private from participants and refrain from contacting them through personal phone numbers or accounts. If you would like to keep in contact, do so through a separate account. Please inform a Three Peaks staff member if you choose to do so.

I, _____, certify that I am over the age of 19 and am eligible to participate as a volunteer with Three Peaks Recreational Outreach. I commit to adhering to all legal and safety expectations mentioned above during my time as a volunteer with Three Peaks Recreational Outreach.

Signature: _____ Date (DD/MM/YYYY): _____